

Make A Change

Practice safe storage of medications

Treat opioid medications like you would a firearm:

- Store in a safe, secure location
- Utilize a lockbox
- Never leave medications on a counter, nightstand, or other accessible locations
- Return medications to a secure location after each use

Dispose of medications safely:

- Dispose of your medications at DEA authorized collectors or at drug take-back events
- Utilize medication disposal bags
- Mix your medication with an undesirable substance, seal it in a bag, and dispose of it in your household trash
- Mark out labels and safely dispose of your medication bottles so you don't become a target for break-ins

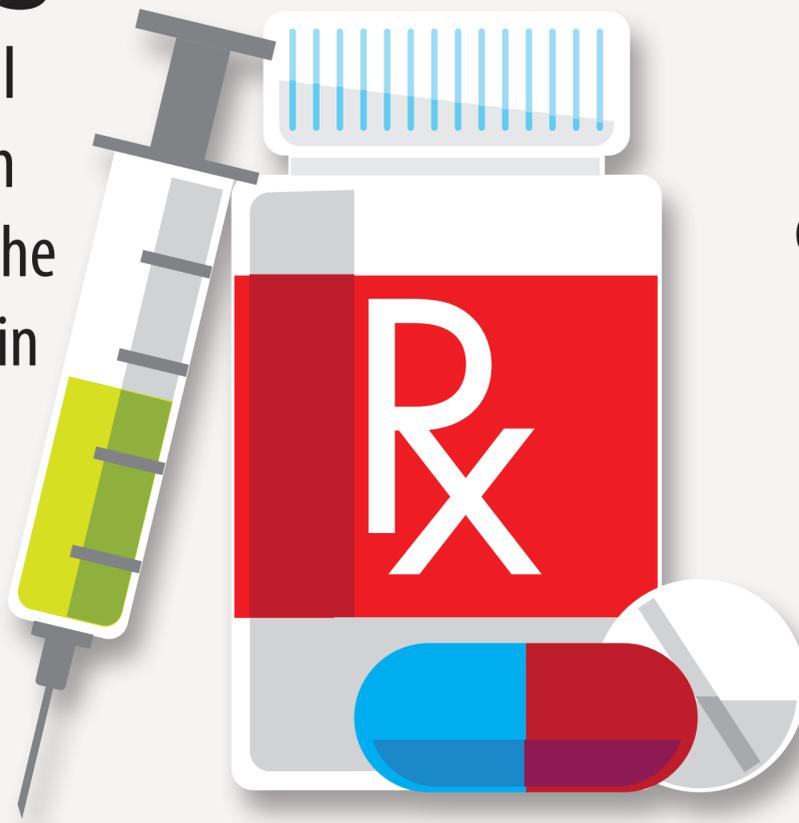
The Opioid Crisis

The opioid epidemic has become a public health crisis with devastating consequences.

Opioids

include powerful prescription pain medications and the illegal drug, heroin

~25%
of patients prescribed opioids for pain misuse them



115+
Americans die each day from opioid overdose

80%
of heroin users first used prescription opioids

If change doesn't occur, the death toll will keep rising.



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Save A Life

Know how to respond in an emergency

Signs of an overdose are:

- Shallow breathing
- Gasping or choking for air
- Pale skin
- Blue lips and/or fingertips
- Small, pinpoint pupils
- Unconsciousness

If you suspect someone is overdosing:

- **Rouse and stimulate.** Attempt to wake the person.
- **Call 911.** The dispatcher may advise you to perform CPR.
- **Administer naloxone.** If you or another bystander has naloxone, administer it.