



KNOW THE SIGNS OF ALZHEIMER'S

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities
- Changes in mood and personality



K-STATE
Research and Extension

Source: Alzheimer's Association (2009). Know the 10 Signs: Early Detection Matters

Thank you to the Katey Walker Extension Development Fund and the Alpha Rho chapter of Epsilon Sigma Phi's Endowment Fund Grant for Program Innovation for supporting this programming effort.

K-State Research and Extension is an equal opportunity provider and employer. MF3271 March 2016