

UKO WOGABANYA IMIGERA IVA KU BIKOKO VYO MW'ITONGO

IMIGERA IVA KU BIKOKO

Imigera n'utugingo ngengabuzima dutoduto tutaboneka n'amaso ariko dushobora kugutera indwara iyo turi mu vyo urya.



Inyamaswa zishobora gutwara imigera itera ingorane



Inyamaswa zikwiragiza imigera mu mirima mu kurya canke gutera ivyatsi hafi y'ibiterwa



Iyo migera ishobora gukwiragira ku bihingwa bishasha turya

UKWIRINDA

Gukoresha ibikoresho bitandukanye birashobora gufasha kwirukana ibikoko mu mirima y'ibiterwa uko bishoboka kwose.



Inzitiro



Ibitera ubwoba



Ibikoresho vy'urusaku

UBUYOBOZI

Iyo ibikoko vyinjiye mw'itongo ry'ibiterwa, gukurikiza ingendo zatanze birashobora gufasha mu gukingira kwanduzwa kw'ibiterwa bishasha.



1

Rema uturere tutazotoragura hafi y'ahantu handuye



2

Bwira umuyobozi w'itongo n'abo mukorana



3

Ivyimbura bitanduye mwimbura bitandukanye



4

Guta ibihingwa vyanduye

KUKURAHU

Inyamaswa zipfuye n'amavyi y'ibikoko bikwiye gukurwa mu murima w'ibiterwa ata nkomanzi. Kurikiza izi ntambwe kugira ngo ukureho neza:



1

Koresha igiti kugira ngo uyitore mu gafuko k'imyanda*



2

Jugunya umufuko mu gitereko c'imyanda



3

Sukura kandi usukure igiti cakoreshewe



4

Woze ibiganza vyawe



5

Gumana inyandiko y'ivyo vyakozwe