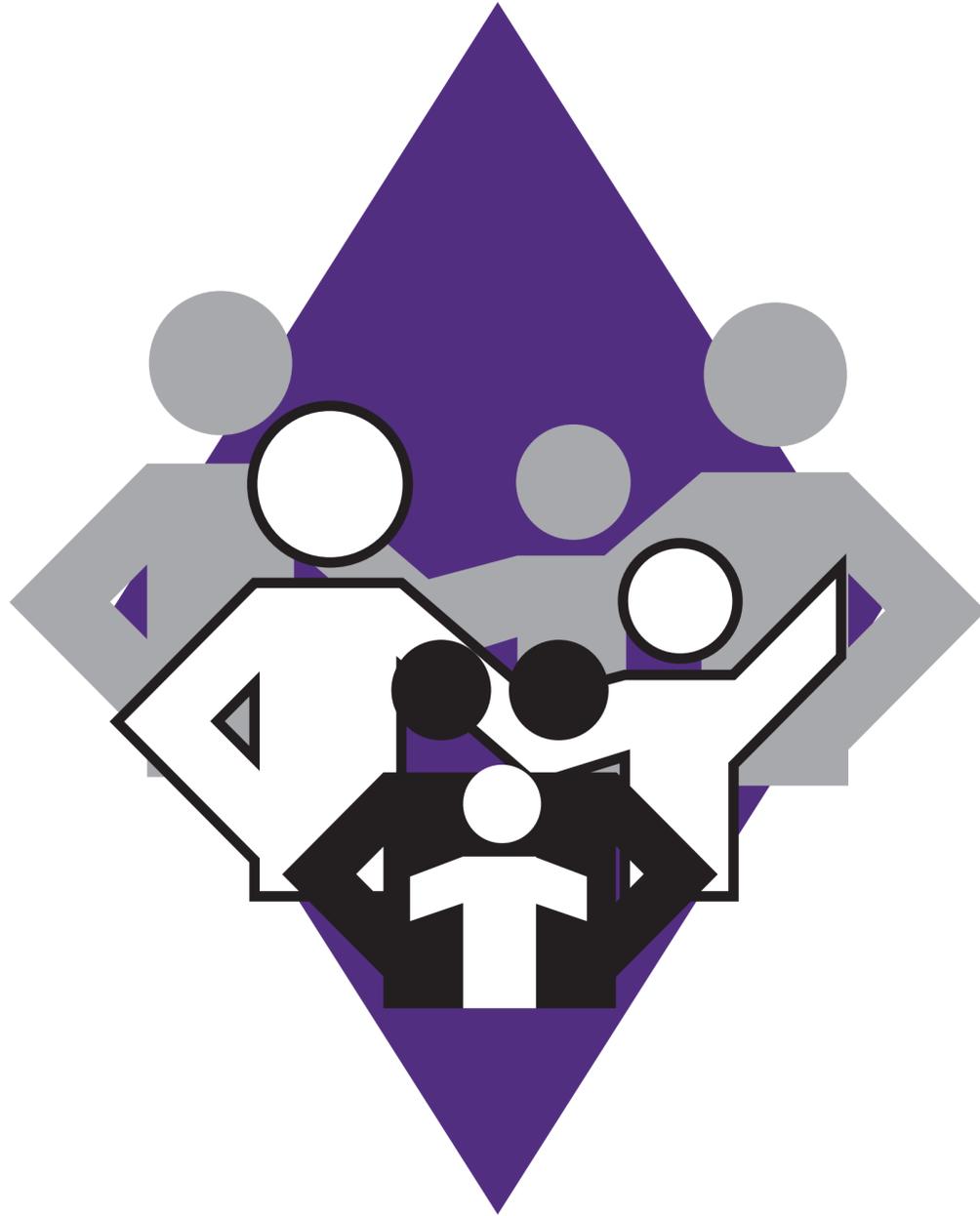


# Building Strong Families



**Enjoyable Time Together**  
**Appreciation and Affection**  
**Positive Communication**  
**Spiritual Well-Being**  
**Effective Stress**  
**and Crisis Management**  
**Commitment**



**K-STATE**  
Research and Extension

# **Building Strong Families through educational programs. . .**

## **Together We Can**

Preparing unmarried parents for healthy relationships to raise healthy children.

## **Stepping Stones for Stepfamilies**

Helping navigate stepfamily relationships.

## **Viva La Familia Sana (Long Live the Healthy Family!)**

Supporting strong Latino marriages and families.

## **Kansas: OMK (Operation Military Kids)**

Promoting resilience of military-connected children and families.

## **Couple Talk**

Enhancing relationships through improved communication.



K-State Research and Extension's Family and Child Development programming supports the development, health and well-being of children, youth and families.

[www.he.k-state.edu/fshs/extension/](http://www.he.k-state.edu/fshs/extension/)

# State of the Family in Kansas

In 2012, 19% of Kansas children were living in poverty, which is a 37.7% increase from a decade ago.

In the 2013-2014 school year, 50.3% of public school children participated in the free and reduced price lunch program.

Marriage rates dropped 29% in Kansas from 1990 to 2012, but divorce rates also declined 26% over the same period.

Between 2000 and 2010, there was a 14.4% increase in the number of single parent households.

In 2013, teenage females accounted for 7.8% of the pregnancies in Kansas.

From 2003 to 2012 in Kansas, there was a 16.9% increase in nonmarital births.