

KANSAS 4-H

The four leaves of the 4-H clover mean different things. Unscramble the four "H's" of 4-H! Remember, each word starts with the letter "H".

- SANDS _____
- HETHAL _____
- DEAH _____
- TREAH _____

Youth collaborate with caring adult mentors to lead hands-on projects in areas like science, health, agriculture and citizenship. Mentors provide a positive environment where youth learn by doing.

Space technology



Robotics



Animal Sciences



Foods & nutrition



Leadership



Community service

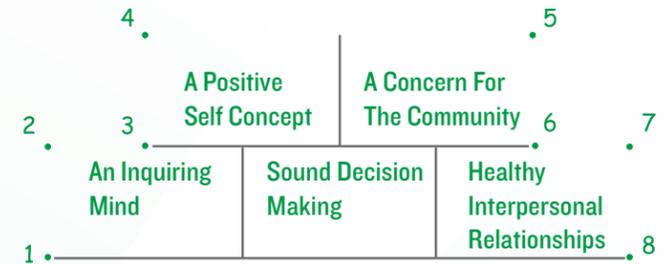


Public speaking



4-H IS A WAY TO LEARN SKILLS FOR LIFE.

4-H grows leaders with life skills like confidence, independence, resilience and compassion.



4-H WILL TEACH YOU HOW TO SPEAK IN FRONT OF OTHERS.

4-H communication opportunities help young people grow their public speaking, personal expression, interactive and professional correspondence skills. Find things you might need for a demonstration.

T A B L E A H M I V W O L S U
 S H E R V P R O D Q U X A M Y
 N A V C I L G V X P Y E K I D
 Y N R L P V O I C E G A S L O
 M O T E F H U S B A P K N E W
 V T Y A R E N U B O Q G A J F
 G E Y N U T Z A C R H V I C E
 O S N H L B I L D V T C X O Q
 R K Q A Y E X A M P L E S K U
 M B E N T S B I E W G A M Y L
 I K R D F O N D B E J O X N I
 H A Q S L E Y S U P P L I E S
 P C U L Z M O B R V A P G D T
 E L Q U S K X A G J D U L S Y
 S P R A C T I C E T I M E K P

Clean Hands	Examples	List	Notes
Practice Time	Smile	Supplies	Table
Visual Aids	Voice		

4-H EMPOWERS YOUTH WITH THE SKILLS TO LEAD FOR A LIFETIME.



HEAD



HEART



HANDS



HEALTH

KANSAS 4-H



HANDS

HANDS ARE AN IMPORTANT PART OF 4-H.

We use our hands to create projects, help others and have fun. Below are some words that start with “hand.” See if you can finish these words after reading each clue.

HAND_____ = A musical instrument that is rung.

HAND__ = What you grab to open a door.

HAND_____ = Means “good looking” man or boy.

HAND_____ = Used to wipe noses.

HAND_____ = People do this when they first meet.

HAND_____ = Something that is made by a person.

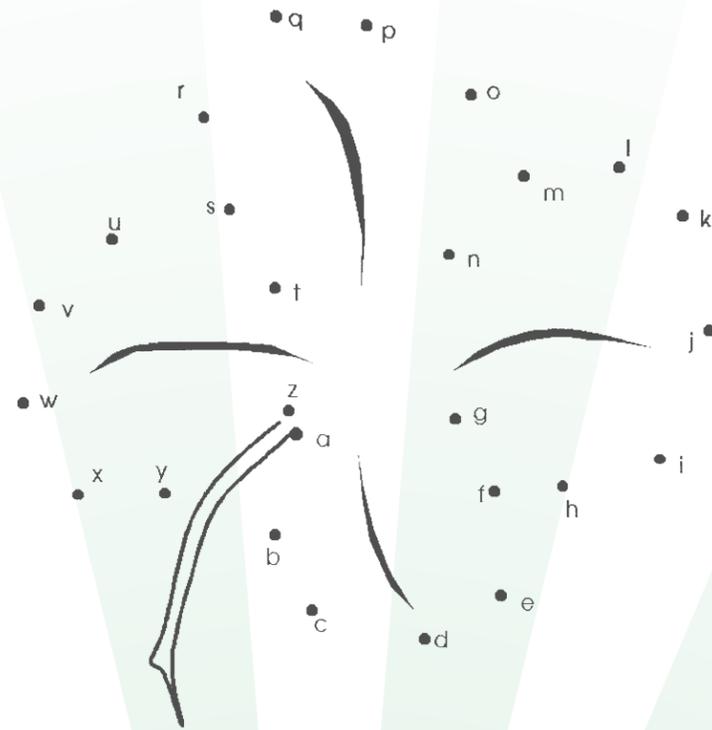
HAND__ = Another name for a purse.

handbell, handle, handsome, handkerchief, handshake, handmade, handbag



HEART

Connect the dots from A to Z. Take a peek, a picture you'll see.



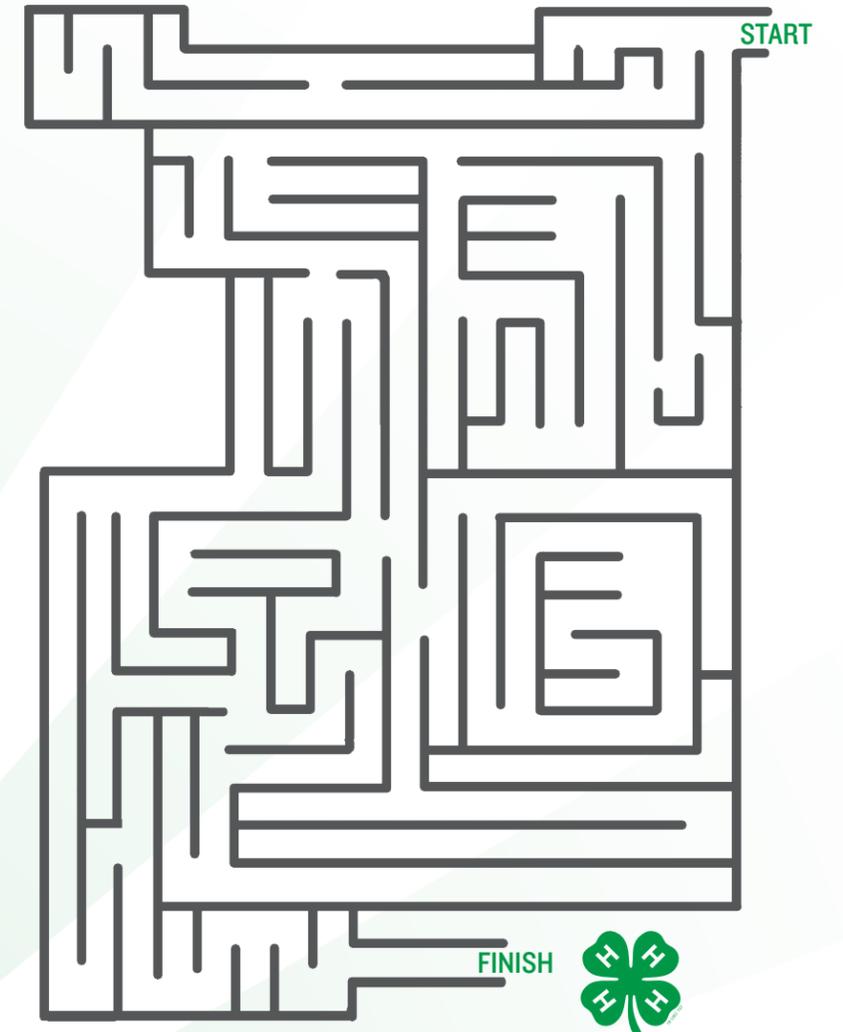
IN 4-H, WE BELIEVE IN THE POWER OF YOUNG PEOPLE.

We see that every child has valuable strengths and real influence to improve the world around us. We are America’s largest youth development organization—empowering nearly six million young people across the U.S. with the skills to lead for a lifetime.



HEAD

FOLLOW THE PATH TO 4-H!



Kansas State University Cooperative Extension Service and
Agricultural Experiment Station
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