



# 4-H Greet Sheet

## Welcome to our Club! We Are Glad You Are Here!

This is an outline of what you can expect throughout our club meeting. Please ask if you have questions. The club meeting starts with the American flag salute, followed by the 4-H Pledge. The pledge is on the back page.

### Group Decisions

Youth officers lead the club through the meeting agenda. You may be asked to participate. Here are some examples of how you can participate in the business meeting:

- Roll call and Introduction of Guests — You will be asked to stand and be introduced by the president. You may answer the roll call question if you wish.
- Business — This is where the club makes decisions for activities they have planned as well as bring up new ideas
- 4-H community clubs often follow parliamentary procedure or a consensus decision-making process
- Community clubs sometimes utilize committees to work on specific projects and those representatives share their progress with the group
- Officers are elected at the beginning of each 4-H year. As you grow in the program, this is a leadership opportunity you could participate in.

### Program

4-H helps youth explore their interests and master life skills. Through experiential learning 4-H teaches by having youth engage in hands-on educational learning experiences. During the learning process, youth reflect on the experience and then learn to apply it to a new situation.

At a community club meeting, members will often give talks and demonstrations about their projects or the club may do a hands-on learning activity to learn new skills.

Please join in by listening carefully, getting involved, and showing your appreciation.

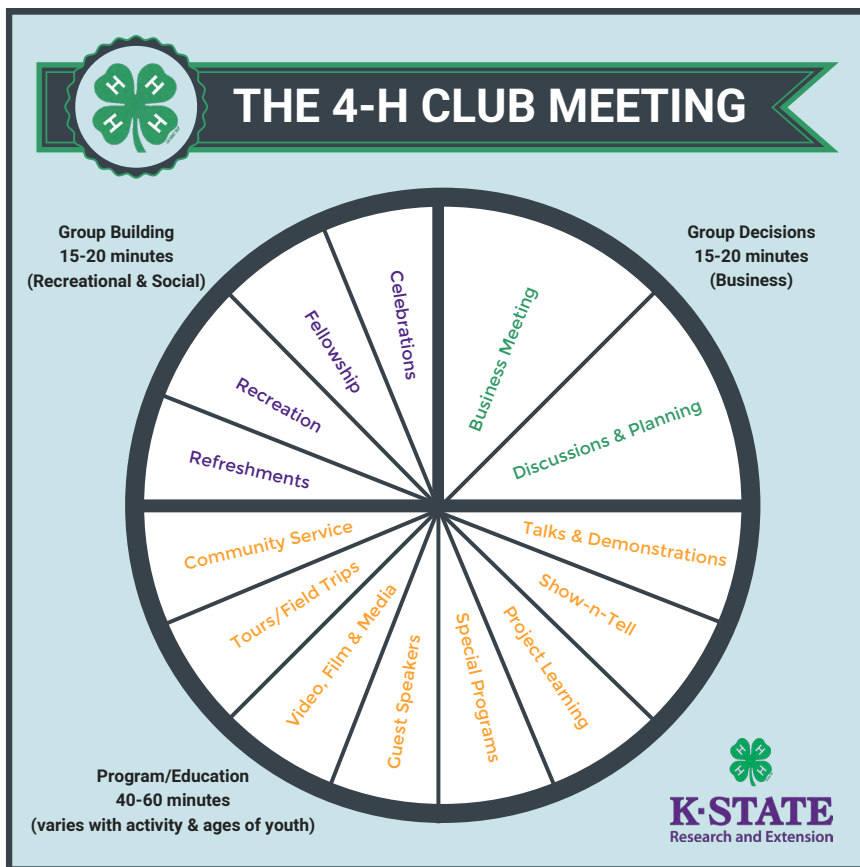
### Group Building

In 4-H, the critical components of a successful experience are a sense of belonging, independence, mastery, and generosity. At each community club meeting you can expect interactive activities to support these essential learning elements. There are many ways that a 4-H community club participates in group building activities. Here are some examples:

- Songs
- Recreational games
- Refreshments or meal
- Service projects
- Conversation
- Ice breakers, energizers, and team building activities

We look forward to seeing you again! Our next meeting will be \_\_\_\_\_.

If you have any questions before our next meeting, call our New Family Coordinator, \_\_\_\_\_;  
Club Leader, \_\_\_\_\_, or Club President, \_\_\_\_\_.



## 4-H Club Pledges

**4-H Pledge**  
 I pledge my head to clearer thinking  
 My heart to great loyalty  
 My hands to larger service,  
 And my health to better living  
 For my club, my community, my country  
 and my world

**4-H Pledge in Spanish**  
 Aprenda el Juramento de 4-H  
 Prometo usar mi MENTE para pensar con  
 más claridad,  
 mi CORAZON para ser más leal,  
 mis MANOS para ser más servicial,  
 mi SALUD para cuidarme más,  
 por mi club, mi comunidad, mi país  
 y mi mundo.

### 4-H Vocabulary

The 4-H program may use words or terms that are unfamiliar to you. 4-H has a lot to offer and we want you to understand every bit of your 4-H experience.

**4-H Club:** A group of five or more youth members with two or more adult volunteer club leaders. Each club elects their own officers from among the membership who preside at the meetings. Clubs usually meet once a month.

**4-H Club Officer:** A youth leader within a 4-H club and may include: president, vice president, secretary, treasurer, etc.

**4-H Club Leaders:** Adult volunteers who work with the club of officers and members and provide leadership and management of the club to ensure positive learning experiences.

**Project:** An area of study in which members explore and learn new things.

**Project Meetings:** A gathering where members learn about a specific project area. They are coordinated by an adult project leader or teen leader.

**Community Service Project:** A volunteer activity conducted for the benefit of the community. Examples: neighborhood clean-up campaigns or collecting food or clothing for the needy.

**4-H Year:** Starts October 1 thru September 30 of the following year. All 4-H members and leaders must enroll or re-enroll online at the beginning of each year.

**Extension Agent:** An employee of K-State Research and Extension who coordinates the 4-H Youth Development program in your community.

Adapted from Strengthening 4-H Club Resources, Kansas 4-H Youth Development

### Local Contact Information

[Kansas4-H.org](http://Kansas4-H.org)

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